

Crew Off Duty

TIME	CREW	ACTIVITY
04:00-04:10	CDR,FE-6	Station inspection
04:10-04:30	CDR,FE-6	Post sleep
04:30-05:30	CDR,FE-6	Breakfast
06:00-06:10	FE-4	Station inspection. Reboot Laptop RS2(1) Reboot Laptop RSS1, RSS2
06:10-06:40	FE-4	Post sleep
06:40-07:30	FE-4	Breakfast. Testing SM ПСС (Caution and Warning Panel) (after breakfast)
08:10-09:40	CDR	Physical exercise ARED
08:15-09:15	FE-6	Physical exercise CEVIS
09:40-11:10	FE-4	Physical exercise ARED
10:10-10:20	CDR	CSLM2. SPU exchange with the crew
10:50-11:10	CDR	CSLM2- equipment deactivation and tear down. Transfer for return to the ground.
11:20-11:35	FE-4	Private family conference (<i>Ku+S-band</i>)
11:35-12:05	CDR	DRAGON. Cargo transfer operations
12:05-12:15	CDR	MSG – power down
12:15-13:15	CDR, FE-4 ,FE-6	Midday meal
13:30-14:10	FE-4	SOZh maintenance. Down link information on [CBO], [CFO], [ACY] counter, SM and FGB POTOK
14:00-14:10	FE-6	RWS - installation
14:10-14:15	FE-6	Install camera to supply image to display 1 or 3 of RWS in LAB
14:15-14:30	CDR	DCB- review procedure for equipment stowage
14:15-14:30	FE-6	DCB - review procedure for equipment stowage
14:30-16:00	FE-6	Physical exercise ARED
15:00-16:00	FE-4	Physical exercise TVIS - 2
16:00-16:15	.	Daily planning conference (<i>S-band</i>)
16:15-16:30	CDR,FE-6	Evening work prep
16:30-18:00	CDR	Presleep
16:30-18:30	FE-6	Presleep
18:00-18:15	CDR	Private family conference
18:15-18:30	CDR	Presleep
18:30-03:00	CDR,FE-6	Sleep
18:30-19:30	FE-4	Evening work prep
19:30-21:30	FE-4	Presleep
21:30-06:00	FE-4	Sleep
Task List	FE-4	Preparation of reports for Roskosmos site
		URAGAN. Observation and photography

		SEYNER. Ocean observation
		ECON-M. Observation and photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities.
 3. Pre-sleep ops: Dinner, Daily food prep, pre-sleep)
 4. **Russian crew uses US exercise equipment strictly per F24 or OSTPV**
- End of Radiogram